

The Children's Centre works in partnership with the local Health Visiting staff and Community Midwives, together we form one **EARLY START TEAM**. We aim to get the **right services**, in the **right place**, at the **right time** for all children and families, from pregnancy up to your child being 5 years.

Family Support & Well Being:

Our Children's Centres provide a full range of services and activities, including drop-in sessions where you can stay and play with your children, Tots and Tinies, Baby Massage, Parenting courses, ESOL classes and Breastfeeding support, including Breast Pump Hire. We also offer a 1-1 Family Support Service to help families through challenging or difficult times or to signpost and offer advice on where to get help for; Housing, Debt, Health, Childcare, Child Development and other specialist services as appropriate.

Training and Employment Advice:

Are you interested in becoming a centre volunteer, accessing training, starting or returning to work? If the answer is yes please speak to a member of staff who will be able to discuss the support and opportunities on offer.

Information Regarding Local Services: If you require information regarding local childcare providers, parent and toddler groups, starting nursery or school or any other local service please speak to your Family Support Workers.



The Children's Centre Team:

Keeley Thompson	Children's Centre Services Manager
Becki Storey	Lead Family Support Worker - on maternity
Amber Duck	Lead Family Support Worker
Lucy Hey	Family Support Worker
Leanne Harding	Family Support Worker
Demi Drury-Lawrence	Family Support Worker
Taranjit Kaur	Administrator

To contact a member of the team please call us on -

0113 2121413

Useful telephone numbers and web links:

- Health Visiting Team - 0113 843 5683
- Leeds Domestic Violence Service (24hours)-0113 246 0401
- Better Leeds Communities— 0113 275 4142
- Welfare Rights - 0113 376 0452
- Leeds Mindwell - www.mindwell-leeds.org.uk
- www.familyinformation.leeds.gov.uk
- www.gov.uk/benefits-calculators
- www.childcarechoices.gov.uk
- www.50thingstodo.org
- www.wyhealthiertogether.nhs.uk
- <https://www.leeds.gov.uk/leedsmic/debt-and-money-advice>



Alwoodley, Roundhay & Moortown
Children's Centre Group

What's On Guide - Spring Term 2023



We operate services from our three Children's Centre sites and other community locations.

Alwoodley - Lingfield Approach, LS17 7HL

Roundhay - Brackenwood Drive, LS8 1QA

Moortown - Brackenwood Drive, LS8 1RG

Contact us  on **0113 212 1413** or visit our website www.armccgroup.org.uk

What's On

To book in advance please contact the Children's Centre directly, and for further information visit

www.henry.org.uk

Monday	Activity	Venue	Info
10:00am - 11:30am	Tots & Tinies Group Term time only	Moortown Children's Centre Brackenwood Drive LS8 1RG	Stay and Play for Babies under 12mths For further information call 0113 2121413

Tuesday	Activity	Venue	Info
10.00am - 11:00am	Baby Massage	Roundhay Children's Centre Brackenwood Drive LS8 1QA	Book with Catherine on 0782 529 9390 www.lovingbabymassage.co.uk
11:30am - 12:30pm	Baby Massage	Roundhay Children's Centre Brackenwood Drive LS8 1QA	Book with Catherine on 0782 529 9390 www.lovingbabymassage.co.uk

Wednesday	Activity	Venue	Info
10:00am - 11:00am	HENRY Parenting Programme	Virtual	To find out more visit www.henry.org.uk Or call 0113 2121413
1.00pm - 2.15pm	Stay & Play Term time only	Alwoodley Children's Centre Lingfield Approach LS17 7HL	Under 5's For further information call 0113 2121413

Thursday	Activity	Venue	Info
1.00pm - 2.30pm	Stay and Play Term time only	Roundhay Children's Centre Brackenwood Drive LS8 1QA	Under 5's For further information call 0113 2121413

Children's Centre Advisory Board

We are looking for parents and carers who actively use our Children's Centre services to get more involved in the development of the Centres, and to join our Advisory Board.



Your Early Start Team, which includes your Community Midwife and Health Visiting Team also hold Development Reviews and Midwife appointments at Moortown Children Centre. To enquire about these please contact your Health Visiting Team on 0113 8435683 or speak to your Midwife

Please be aware there may be changes to the time table following printing, so please check and contact us for the most up to date information.

