What We Do

The Alwoodley, Roundhay and Moortown Cluster multi-disciplinary team are based at Roundhay School - Primary Campus. Working in partnership with other agencies and services, we offer a wide range of targeted support to children, young people and families, across the Alwoodley, Roundhay and Moortown neighbourhoods.

The team take requests for additional support from our schools, General Practitioners and other partner organisations. We have staff with expertise around family support, behaviour, improving attendance and supporting emotional and developmental needs. We provide this support in a convenient location, whether this is at home, at school or in a community setting. We are able to provide a co-ordinated support package to meet the needs of children and their families. We organise out of school activities in the school holidays for children, young people and families we work with. We work in partnership with other teams and services to ensure the best possible outcomes are achieved.

Family Support Team

Parenting can be a very rewarding experience but it can also be hugely challenging. As our children grow and develop, their needs and behaviour change. Sometimes it can be difficult to keep pace with these changes, and there are times when we may need a bit of extra help from family, friends, community and elsewhere.

The Family Support Team delivers this support either in the home, at school or in community settings. We aim to provide a personalised support service which encourages and empowers parents to overcome barriers which may impact on the lives and learning of their children.

We can help in areas like budgeting, family relationships, housing, parenting strategies, etc.

We support families:
• On a 1:1 basis
• Through support groups
• Through Parenting programmes
• To access other support services
Cluster Leadership & Support Team

The Cluster Leadership & Support Team oversees all Cluster work, providing management function and data analysis of cases to allow strategic planning for future needs of the children and families in the A.R.M Cluster and be a responsive, flexible service to our schools.

The team works in partnership with a range of partners to provide Universal + and Targeted Services to ensure there is a joined up package of support for the young person and their families.

The Cluster Service provides support to families living in Alwoodley, Roundhay and Moortown and those young persons who attend our schools. We aim to support closer working between agencies and services, to ensure families receive holistic, coordinated support. This includes working closely with Children’s Social Work Services to assist the safe landing of cases that are closing to their service, and to also advise on services in the cluster that are available to families who are on Child in Need or Child Protection plans. It also includes the coordination, oversight and promotion of the Families First programme for the A.R.M neighbourhoods.

The schools in the A.R.M. Cluster Partnership are:
- Allerton C.E Primary
- Allerton High
- Allerton Grange
- Alwoodley Primary
- Brodestky Primary
- Cardinal Heenan RC High
- Gledhow Primary
- Highfield Primary
- Immaculate Heart of Mary Catholic Primary
- Kerr Mackie Primary
- Khalsa Science Academy
- Leeds Jewish Free School
- Moor Allerton Hall Primary
- Moortown Primary
- Roundhay All Through School (4-18)
- Roundhay St. John’s C.E Primary
- St. Paul’s Primary
- St. Urban’s Primary
- Talbot Primary
- Wigton Moor Primary

We also work closely with Alwoodley, Roundhay and Moortown Children’s Centres.
Emotional Well-Being and Mental Health

Our Emotional Wellbeing and Mental Health team provides therapeutic support to both children and young people and their families. This is a short term early intervention service.

Our team is comprised of:
- 3 Pupil Counsellors
- 1 Parent Counsellor
- 2 CAMHS in Schools Practitioners
- 1 Play Therapist

Within our team we offer:
- 1:1 therapy for children and young people
- 1:1 parent counselling
- Mental Health Assessment
- CAMHS in Schools consultations
- Training and consultations for school and Cluster staff
- Family and individual work
- Play Therapy
- Educational Psychology

Our team is made up of qualified and experienced counsellors and therapists who provide a professional, confidential service with ethics and safeguarding at the core. All members of the team access regular clinical supervision. We work closely with staff and colleagues within the Alwoodley, Roundhay and Moortown Cluster (A.R.M) and support services to promote the emotional and well-being of children, young people and their families.

Some reasons people access therapy include:
- Bereavement/loss
- Anxiety
- Anger
- Relationship difficulties
- Abuse/trauma
- Self-harm

Through assessment, our support is tailored to the needs of the client. A variety of therapeutic approaches are adopted by the team, including Play Therapy and creative media when working with Primary aged children.
Play Therapist – Primary School Support

Play Therapy is a way of helping children express their feelings and deal with their emotional problems, using play as the main communication tool.

The Play Therapist will work with identified children whose emotional needs may have a serious impact on their learning experience and social interactions.

Besides the direct work with children the therapist will also liaise with the child’s parents/carers, teachers and other professionals involved in the care of the child and where appropriate, training and consultations will be offered to school staff who may find it helpful.

Gipsil Leeds/The Beck at Archway – High School Support

The Beck offer 1:1 support around emotional and behavioural needs for young people aged 11 - 19.

The cluster commissions the service to work in the school and on an outreach basis, around poor attendance, healthy relationships, substance misuse, anti-social behaviour and family issues. They will act as an advocate and befriender to young people and offer family mediation if required. Young people aged 11 - 19 can also access The Beck out of school activities free of charge.

Educational Psychologist

The cluster has embarked on a focus of ‘early identification/intervention’ to support children to remain within their high school settings. This additional resource is to provide a focus for Year 7 pupils ONLY so that the five High Schools in the cluster can seek the advice and support of an Educational Psychologist at an early stage of the pupils High School years.

Attendance Service

The Cluster commissions the Attendance Service to work with schools and families to improve school attendance for Primary and Secondary aged children. We work with schools to develop robust processes to identify children and young people with irregular school attendance, and support them to put strategies in place to address this.

Attendance Officers will work closely with families to overcome barriers to regular school attendance through 1:1 support and signposting to other services as appropriate. Where school attendance fails to improve we would refer to Leeds City Council for legal prosecution.

School Attendance Panels:- The Cluster Attendance Adviser will Chair School Attendance Panels for Years 7, 8, 9, 10 children, where poor attendance is having a serious impact on the young person’s educational opportunities.

Supporting Children, Young People and Families
How to access Cluster Services - Guidance and Support Team

If you wish to access support from the Cluster team you will be required to complete a referral form with consent from the family. The form is then discussed by the Guidance and Support team.

What is the Guidance and Support Team?
The Guidance and Support Team has been set up to support children and families in the localities of Alwoodley, Roundhay and Moortown.

If a child/family needs extra support, we want to find the best way to do this as soon as possible. We meet regularly to share information. At the meetings, individual case referrals (with parental consent) will be discussed so that we can provide a coordinated package of support and help improve the situation. We want to find the best way to do this as soon as possible.

Members of the panel may include:
- Adult and Child Health Services,
- Anti-Social Behaviour Team,
- CAMHS,
- Children’s Centres,
- Children’s Social Work Services,
- Cluster Team,
- Police,
- Schools,
- Targeted Services,
- Voluntary organisations,
- Youth Offending Services and Youth Services.
A.R.M Children’s Centre Group

Who Are We?

Alwoodley, Roundhay and Moortown (ARM) Children’s Centre Group work in partnership with local Health Visitors to form one Early Start Team. Together we provide services to support children and their families from conception to 5 years old to improve their outcomes, health, life chances and to prepare them for school.

What Do We Do?

The Children’s Centre work in partnership with a number of private, voluntary and statutory agencies to deliver a wide range of activities for all children and families to access. and to enable us to offer a multi-disciplinary package of support to meet a child and family’s individual needs.

We have a team of Family Support Workers that work restoratively with the children and families to empower them to make positive changes. The Family Support Workers are able to undertake Dynamic Early Help Assessments of a child and family’s needs and plan a tailored package of support.

In addition, we offer a range of universal and targeted services to support all families within the ARM reach area these include:

- Play and Learning sessions - to help parents understand and support their children’s development and learning and prepare them for school
- Breastfeeding support group
- Antenatal course (Preparation for Birth and Beyond)
- Evidence based parenting courses - HENRY (Health, Exercise and Nutrition for the Really Young), Webster Stratton’s Incredible Years, Family Caring Trust’s 0-6s, First Aid and a range of family learning sessions.
- Information and access to local childcare options and home based child carers (childminder services)
- Information on local services and events
- Links to Jobcentre Plus and Adult Education including ESOL classes.
- Dynamic Family Assessments to identify and support a child and family’s needs.
- 1-1 or group support and advice on parenting, education, housing, debt, behaviour management, home safety and access to specialist services for families.
Meet the Children’s Centre Group Team

Deborah Town
Children’s Centre Services Manager

Keeley Thompson
Lead Family Support Worker

Becky Storey
Lead Family Support Worker

Lynn Holmes-Dixon
Family Support Worker

Amber Duck
Family Support Worker

Cheryl Fowler
Family Support Worker

Lucy Hey
Family Support Worker

Taranjit Kaur
Administrator
Making a Request for Service?

The Children's Centre can accept referrals from all professionals, parents and carers by filling out a simple Request for Services form. This must always be done with permission and, where possible, in partnership with the child and parents/carers it concerns. The information will be shared within the Early Start Team and the most appropriate member of staff will be allocated to the case and take responsibility to contacting and assessing the family’s needs.

How can you get involved?

The Children’s Centre holds regular Advisory Board meetings, the Board’s purpose is to support and challenge the Children’s Centre on how services can be developed in line with the needs of local families. If you are a professional or practitioner from a local school, health visiting team, pre-school/nursery or a childminder you can join the Advisory Board to offer your knowledge and help develop and shape the services we offer.

If you would like more information about our services, make a request for services or to join the Advisory Board, please speak to a member of staff, phone 0113 2170134 or email admin@armccgroup.org.uk for more details.

ARM Children’s Centre Group,
C/O Allerton C of E Primary School,
Lingfield Approach,
Leeds,
LS17 7HL
If you want to speak to a member of the team or require further information please contact us as follows:

A.R.M Cluster Services Team
Tel: 0113 3931244

A.R.M Cluster Children’s Centre Group Team
Tel: 0113 2170134